

WORK AT HEIGHTS TRAINING



What is Work at Heights Training?

Work at Heights Training provides the essential skills and knowledge needed to perform tasks at elevated positions safely, such as on rooftops, ladders, and scaffolding.



Why is it Important?

Height safety certification is vital for preventing falls, the leading cause of workplace injuries. It ensures workers understand the proper use of safety equipment and procedures.



Courses Available:

- Work Safely at Heights
- Height Rescue Training
- Elevated Work Platforms- EWP Yellow Card







1 DAY TRAINING

STATEMENT OF ATTAINMENT



CONTACT US NOW



1300 027 057



info@platinumsafety. com.au



New South Wales & ACT

1 KEY UNIT OF COMPETENCY





Work Safely At Height

This 1 day course for height safety training will give workers the skills and knowledge to determine working at heights situations, legislative requirements, basic hazard and risk analysis, tools, equipment and safe systems of work to complete tasks at height

Height safety ticket training course includes these 1 key unit of competency:

RIIWHS204E - Work Safely At Heights

Key skills and knowledge covered during this training course through a combination of both theory and practical applications.

- Legislative requirements for all working at heights
- Identification of a variety of working at height situations
- Hazard and risk analysis, implementation of control measures SWMS
- Safe work practices and control systems including fall prevention devices, work positioning systems and fall arrest systems
- Inspect, install and apply a variety of height safety equipment including: Anchor points, horizontal lifelines, harnesses,
- connectors, lanyards, energy absorbers, rope grabs and knot tying.
- Safe use of ladders

Duration & Delivery Options:

- Face-to-face: 6 hours
- Blended learning: Online theory + 3 hours face-to-face (recommended)

There is no prerequisite for this course.

Successful completion of this training will be awarded the **Statement of Attainment** which will be emailed on completion of the training course.

Course consists of both theory and practical, including theory and practical assessments.

Course combo: With blended learning, you can include an additional course and complete on the same day - Save 20% of the total pricing when you combine courses!







1 DAY TRAINING

STATEMENT OF ATTAINMENT

2 KEY UNITS OF COMPETENCY



PUAFIR210

Prevent Injury



PUASAR022

Participate in a Rescue Operation

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New South Wales & ACT **Pre-requisite:** Students are to show they have completed their Work safely at heights Course RIIWHS204E Work at heights



1 Day Height Rescue Training/Height Safety Supervisor Course

This 1 day height rescue training (supervising work at heights) course is an extension to the working at heights day 1 training program.

It will provide the skills and knowledge to supervise working at heights and be able to prepare, plan and carry out a rescue plan if a worker suffers a fall utilising a fall arrest system. Note: If fall arrest systems are being utilised as a height safety control measure, it is LAW to have a documented rescue plan in place that has been tested and rehearsed and be implemented by a competent person.

Pre-requisite Requirements:

Students are to show completion in the below units of competencies.

• RIIWHS204E Work safely at heights

Height rescue training course includes these 2 key units of competency:

PUAFIR210 Prevent Injury

PUASAR022 Participate in a rescue operation

Key skills and knowledge covered during this training course will be a combination of both theory and practical applications.

- Legislation, WHS ACT 2011 and WHS Regulations 2017
- Guidance documentation Australian Standards, Code of practice
- Hazard identification, Risk assessments (SWMS)
- Basic emergency care skills
- Development of rescue plans, test and rehearse to ensure they work
- Fallen worker rescue skills Practical rescue scenarios (gotcha kit, Milan System)







This training course will give workers the skills and knowledge to operate elevated work platforms

1 DAY TRAINING

YELLOW CARD ISSUED BY EWPA

PHOTO ID YELLOW CARD

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New South Wales & ACT

NAME: ELLA VATING DATE OF TRAINING: 01/01/19 EWP TYPE: VL SL BL TL TM LICENCE NUMBER: YC123456 EXPIRY DATE: 01/01/24 This card was issued by the EWPA Inc upon successful completion of the Yellow Card

EWP training is required for workers as per WHS laws



Elevated Work Platform Training- Yellow Card (under 11 metres)

This training course will give workers the skills and knowledge to operate elevated work platforms (Boom Lifts - under 11m (BL), Scissor Lifts (SL), Vertical Lifts (VL)

EWP Training - Course Content

- · Elevating work platforms documentation
- Understanding work requirements
- Correct selection and use of personal protective equipment (PPE)
- Perform pre-start and post-start inspections/checks. Documentation process for any faults or non compliance.
- Coordinate activities with others prior to commencement of, and during, the work activity
- Hazard identification, potential risks and implementation of control measures
- Preparation for emergency procedures.
- Use approved safety devices, ensure safety of personnel and surrounding site
- Report on monitoring systems and alarms
- Complete work and shut-down procedures inline with the agreed work plan
- Carry out work platform inspections
- Carry out routine operational servicing, lubrication and housekeeping tasks in accordance with manufacturer's instructions
- Carry out minor operator maintenance to manufacturer's instructions and site requirements
- Process written records
- Check, clean, maintain and store plant, tools and equipment as per manufacturing specifications

Key skills and knowledge covered during this training course will be through a combination of both theory and practical applications.



LET'S WORK TOGETHER



1300 027 057 www.platinumsafety.com.au info@platinumsafety.com.au Sydney, Australia