



MANUAL HANDLING TRAINING COURSE



BE SAFE WITH PLATINUM

WHO NEEDS THIS COURSE?

- ✓ **WAREHOUSE WORKERS**
- ✓ **OFFICE WORKERS**
- ✓ **CONSTRUCTION WORKERS**
- ✓ **MANAGERS & SUPERVISORS**

Manual Handling Training Course is designed for individuals who are responsible for doing manual handling duties such as lifting, lowering, filling, emptying, or transporting things.

STATEMENT OF ATTAINMENT

Manual Handling Training Course

Our Manual Handling Training Course covers risk management techniques for individuals performing manual handling tasks like lifting, lowering, filling, emptying, or transporting items. It also benefits managers, supervisors, and staff responsible for work organization and job design. Participants will learn how to perform manual handling tasks safely to reduce the risk of injury.

Certification and Outcomes

Participants will receive a **Statement of Attainment** upon successful completion. This course provides essential skills and knowledge in safe manual handling practices.

- **HLTWHS005 Conduct manual tasks safely**

Who Requires the Manual Handling Training Course?

The Manual Handling Training Course is essential for individuals involved in manual handling tasks and those responsible for work organisation. This includes:

- Warehouse Workers: Employees handling boxes and parcels.
- Construction Workers: Personnel lifting and moving materials.
- Office Workers: Staff involved in relocating office supplies and equipment.
- Managers and Supervisors: Individuals responsible for job and task design.

Eligibility and Requirements

- Prerequisites: No prerequisites are required for this course.
- Fitness to Participate: Participants must be fit to engage in the course activities.
- Language Proficiency: The course requires sufficient language, literacy, and numeracy skills.
- Safety Clothing: Appropriate attire as per site requirements.

Manual Handling Training Course

Course Content

The Manual Handling Training course covers a broad range of topics to enable participants to handle loads safely and efficiently. Key areas include:

- Legislation: Understanding WHS and Codes of Practice.
- Human Body and Manual Handling: How manual handling affects the body.
- Risk Management: Job task design and use of mechanical aids.
- Safe Work Practices: Techniques to minimise the risk of injury.

Flexible Training Options

Platinum Safety and Training offers manual handling courses at your location. This flexibility ensures that your team receives the necessary training without disrupting your operations.

Why Choose Us?

Platinum Safety and Training is dedicated to delivering top-notch, hands-on training. Our highly skilled instructors deliver dynamic and interactive sessions to equip participants with the necessary confidence and expertise to effectively manage electrical hazards. Our courses are meticulously crafted to not only meet industry standards but to also surpass expectations.